



As a PA student at Sanford, you have access to confidential counseling when you need it.

The Med Plus Advantage program continues to address the needs of students with the Student Assistance Program, available through your group long-term disability program.

Student Assistance Program Includes:

- Confidential assistance for problems and work-life concerns, including counseling and in the moment support
- 6 crisis counseling sessions with a local counselor
- 24/7 access by phone, online, live chat, and text

Additional Services:

- Professional help for depression, family/relationship issues, stress/anxiety, and financial & legal concerns
- In addition to the crisis counseling sessions, services include legal services, online will preparation, and identity theft & fraud support

To access your Student Assistance Services,
visit healthadvocate.com/Standard6 or call 877-851-1631

